



Last Updated: 09/20/2019
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THE ROLE OF THE PHYSICAL THERAPIST AND THE AMERICAN PHYSICAL THERAPY ASSOCIATION IN DIET AND NUTRITION HOD P06-19-08-44 [Previously Titled: The Role of the Physical Therapist in Diet and Nutrition] [initial HOD P06-15-22-17] [Position]

The American Physical Therapy Association (APTA) supports collaboration at the association and membership levels to promote education, research, and practice between physical therapists and registered dietitians to promote the health and well-being of society consistent with APTA's Vision and Guiding Principles to Achieve the Vision.

Diet and nutrition are key components of primary, secondary, and tertiary prevention of many conditions managed by physical therapists. It is within the professional scope of physical therapist practice to screen for and provide information on diet and nutritional issues to patients, clients, and the community. This includes appropriate consultation or co-management with or referral to a registered dietitian when seeking the expert opinion of another provider with specialized knowledge or skills, or to obtain services for a patient or client that are beyond the professional or personal scope of practice of the physical therapist.

Explanation of Reference Numbers:

HOD P00-00-00-00 stands for House of Delegates/**month/year/page/vote** in the House of Delegates minutes; the "P" indicates that it is a position (see below). For example, HOD P06-17-05-04 means that this position can be found in the June 2017 House of Delegates minutes on Page 5 and that it was Vote 4.

P: Position | S: Standard | G: Guideline | Y: Policy | R: Procedure