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ASSOCIATION'S ROLE IN ADVOCACY FOR PREVENTION, WELLNESS, FITNESS, HEALTH PROMOTION, AND MANAGEMENT OF DISEASE AND DISABILITY HOD P06-19-26-11 [Amended: HOD P06-17-06-05; HOD P06-16-05-06; Initial: HOD P06-15-22-14] [Position]

The American Physical Therapy Association (APTA) supports advocacy for prevention, wellness, fitness, health promotion, and management of disease and disability.

Advocacy includes but is not limited to scientific, educational, regulatory, and legislative activities that promote regular physical activity and exercise to enhance health and prevent disease. It includes developing collaborative, interprofessional, and partnering relationships with health service organizations, community organizations, and individuals that advocate for prevention, wellness, fitness, health promotion, management of disease and disability, and efforts that address the social determinants of health.

Priorities for association advocacy include, but are not limited to:

- Collaborative relationships that have the potential to advance the vision for the physical therapy profession and leverage efforts to develop and implement effective strategies to address population health management, including social determinants of health (economic stability, education, social and community context, health and health care, neighborhood, and built environment)
- Appropriate physical activity and exercise goals and objectives put forth by government and other nationally recognized agencies and organizations
- Appropriate efforts that enhance community design to promote safe physical activity and active forms of transportation for individuals and populations of all ages and abilities
- Consumer recognition of the value of the physical therapist to provide services for prevention, wellness, fitness, and health promotion, and for management of disease and disability for all populations and conditions
- Physical education, physical conditioning, and wellness instruction at all levels of education, from preschool through higher education
- Physical therapists making healthy personal lifestyle choices that include engaging in active forms of transportation and meeting national guidelines for participation in physical activity and exercise

Explanation of Reference Numbers:

HOD P00-00-00-00 stands for House of Delegates/**month**/**year**/**page**/**vote** in the House of Delegates minutes; the "P" indicates that it is a position (see below). For example, HOD P06-17-05-04 means that this position can be found in the June 2017 House of Delegates minutes on Page 5 and that it was Vote 4.

P: Position | S: Standard | G: Guideline | Y: Policy | R: Procedure