



Dear Valued APTA Member,

APTA and the Private Practice Section have developed a new member benefit to ease administrative burden so you can spend more time caring for your patients. [This suite of payment advocacy tools](#) is intended to address the overuse of prior authorization and other utilization management.

Why do we need to advocate? The administrative burden attributed to the growth in utilization management is unwieldy. APTA members report hours-long waits on the phone for peer review, incremental limited visit approvals, and delays in prior authorization for medically necessary services. Beyond member anecdotes, a recent [study](#) also indicates that the use of AI-powered decision-making tools is harming patient access. Compounding these practice challenges are other converging trends: the continued [misuse of opioids](#) and patients' increased need for physical therapist services in the aftermath of the pandemic, both for [patients with long COVID](#), and those who have simply [delayed care](#) due to lockdowns. Now is not the time for unreasonable administrative burden to limit patient access to high-value physical therapist services.

Improving payment and decreasing administrative burden are strategic priorities for the association. We urge you to work with us to appeal adverse determinations and other ill-advised policies that impede patient access and reduce payment for therapist services.

[Please review and use these new resources](#) to advocate for your profession, your practice, and your patients. We value your collaboration. Together we can make a difference.

Thank you for being a member of APTA.

With your patients in mind,

A handwritten signature in black ink that reads "Roger Herr".

Roger Herr, PT, MPA
President
American Physical Therapy Association

A handwritten signature in black ink that reads "Mike Horsfield".

Mike Horsfield, PT, MBA
President
APTA Private Practice Section