



Physical Therapy Moves Me!

Grade 3-5 Presentation



PTMovesMe

Provided by  **APTA**





What Are Some Things You Do That Require Movement?





Physical therapy keeps people moving!



Physical therapy helps you improve body control and movement patterns.



Physical therapy increases flexibility and joint movement.



Physical therapy teaches people how to move with assistive devices.



Who Can Benefit From Physical Therapy?

Anyone who moves ... which means **EVERYONE!**

Younger



Older





Movement Break

What Body Systems Are Involved in Movement?

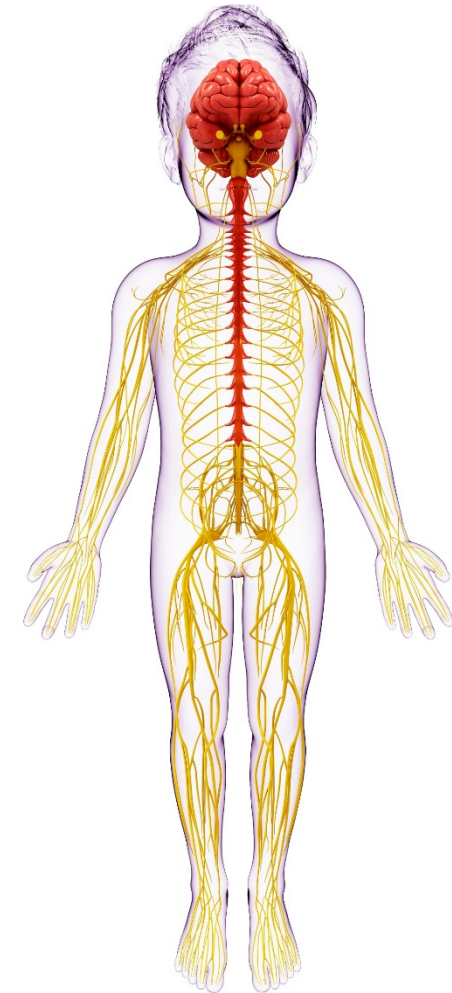
Skeletal



Muscular



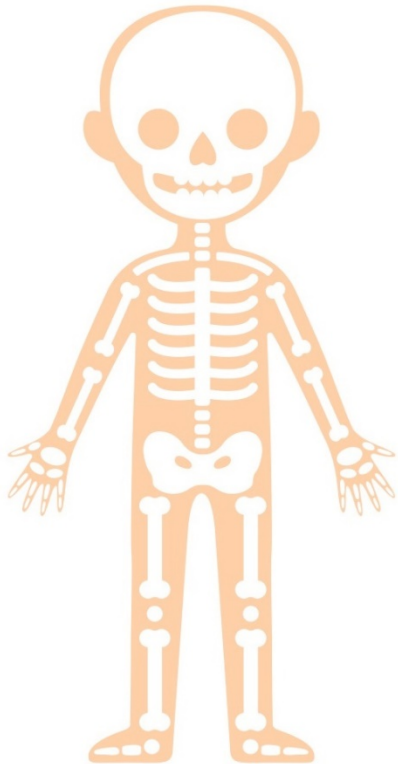
Nervous



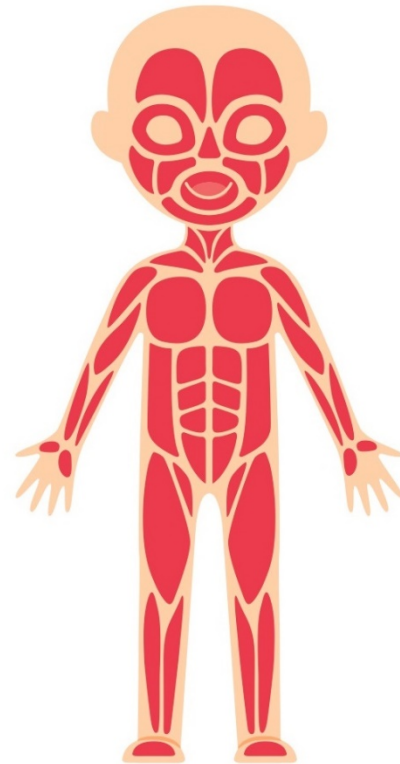


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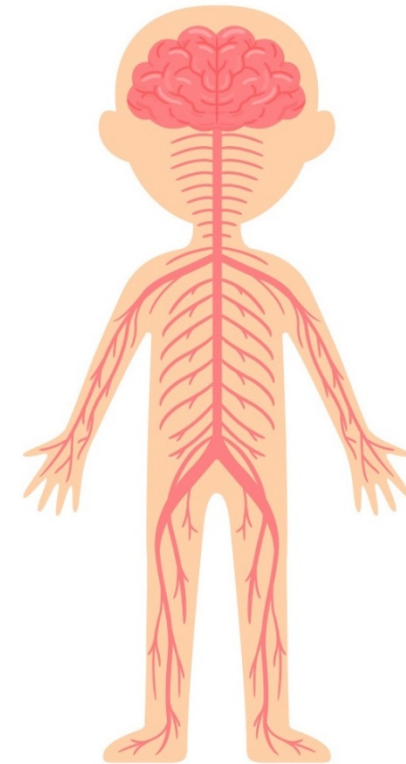
Skeletal



Muscular



Nervous





Physical Therapy Treatment





How Do PTs and PTAs Treat Patients?



Exercise Equipment



Pools



How Do PTs and PTAs Treat Patients?



Robotics and Virtual Reality

Toys and Games



How Do PTs and PTAs treat Patients?



Technology and Research



Massage and Manual Therapy



Time to Move!



Remember...

Physical Therapy keeps people moving!

and

Movement is essential to life!



If You Like Being:

- Active,
- Creative, and
- Helpful.

Consider a career as a physical therapist or a physical therapist assistant.



Thank You



Optional Slides to Add If Needed





Pathway to DPT



* Some DPT programs offer freshman entry





Pathway to PTA



Questions & Answers



Building a community that
advances the profession of
physical therapy to improve
the health of society.

